

ISOLATERAL INCLINE
BICEP CURL
JPBT-405

- ◆ The non-conventional design provides angled pads and handles that allow a neutral wrist position. An isolateral motion allows for equal strength development and allows variety for muscle simulation.

- ◆ **DIMENSION:**
Length : 42 inches / 107 cms
Width : 56 inches / 142 cms
Height : 60 inches / 152 cms
Weight Stack : 110lbs / 50kg X
Each Side

- ◆ **MUSCLE WORKED:**
Brachialis
Brachioradialis

